Faith In Practice
Life Changing Medical Mission

Volunteer Emergency Preparedness Quick Guide

Your safety is our top priority at Faith In Practice (FIP). This one-page guide highlights critical information to ensure you are prepared and protected during your time in Guatemala.

Emergencies Covered

- Earthquakes
- Volcanic eruptions
- Political unrest
- Medical emergencies
- Evacuation scenarios

Critical Apps & Resources to Download/Sign Up For

- INSIVUMEH App (Guatemala's official geological & weather service)
  > Stay informed on earthquakes, volcanic activity, and weather alerts
  > Search 'INSIVUMEH' in your app store (Apple/Android)

- STEP Program (U.S. State Dept.)
  > Enroll before travel for real-time alerts and embassy assistance
  > Register at: https://step.state.gov

- WhatsApp
  > Used by FIP for secure group communication during missions
  > Enable location sharing if requested by your Team Leader

In Case of Emergency

- Primary Gathering Point: Quinta Hotel (unless otherwise directed)
- Have Ready: Passport • Medications • Water • Essentials • Phone charger

Emergency Contacts

- Your Team Leader: [Insert Name & Number]
- FIP Safety Lead (in Guatemala): [Insert Name & WhatsApp]
- U.S. Embassy Guatemala City: +502-2290-0000
  > https://gt.usembassy.gov

What You Can Do

- Follow all FIP instructions from your Team Leader
- Keep phone charged & on (when not in clinical settings)
- Trust the plan. We've prepared. You are not alone!